



Here are some quotes for you to ponder this week:

"There is more to life than merely increasing its speed."
--Gandhi

"The story is told of a South American tribe that went on a long walk, day after day, when all of a sudden they would stop walking, sit down to rest for a while, and then make camp for a couple of days before going any further. They explained that they needed the time of rest so that their souls could catch up with them." -- Wayne Muller

"To everything there is a season, a time for every purpose under heaven." -- Ecclesiastes 3:1

"Do you have the patience to wait
till your mud settles and the water is clear?
Can you remain unmoving
Till the right action arises by itself?
-- Tao Te Ching

Sabbath

*Even the hummingbird
takes time out to rest!*

Leaside United Church
Summer Theme 2010



He makes me
lie down in
green
pastures;
He leads me
beside still
water.
He restores my
soul.

Psalms 23